THE YOGA MYSTIC

NOVEMBER 2026 "PRESENCE"

www.theawakeningrealm.com (574)226-6435

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10AM YIN	**2** 5:30PM HATHA 7PM GODDESS YOGA	**3** 9:30AM HATHA 5:30PM HOT BIKRAM **7PM FASCIA HEALTH**	**4** 10AM YIN-HATHA **5:30PM SACRED SYMMETRY** **7PM NEURO-YOGA**	**5** 5:30PM HOT BAPTISTE **7PM CLEARING THE MEMORY VIRUS**	**6** 10AM FLOW STATE 5:30PM STORYTIME YIN	**7** 9AM NAMASTE **10-2PM OPEN STUDIO**
8 **8AM-12PM Vipassana Meditation** 10AM YIN	**9** **2:02AM Scorpio NM** **5:30PM SCORPIO NEW MOON CEREMONY** 7PM GODDESS YOGA	**10** 9:30AM HATHA 5:30PM HOT BIKRAM **7PM FASCIA HEALTH**	**11** 10AM YIN-HATHA **5:30PM SACRED SYMMETRY** **7PM 11/11 PORTAL MEDITATION** **~FLASH SALE~**	**12** 5:30PM HOT BAPTISTE **7PM SOVEREIGNTY & HIGHER COLLECTIVE ALIGNMENT**	**13** 10AM FLOW STATE 5:30PM STORYTIME YIN **(Venus Retrograde Post-Shadow Begins)**	**14** 9AM NAMASTE **10-2PM OPEN STUDIO** **2PM THE 8 LIMB PATH**
15 10AM YIN	**16** 5:30PM HATHA 7PM GODDESS YOGA	**17** 9:30AM HATHA 5:30PM HOT BIKRAM **7PM FASICA HEALTH** **2Feather's Birthday!**	**18** 10AM YIN-HATHA **5:30PM SACRED SYMMETRY** **7PM MYSTIC YOGA**	**19** 5:30PM HOT BAPTISTE **7PM 12D SHIELD MEDITATION**	**20** 10AM FLOW STATE **5:30PM SAGITTARIUS SUN CEREMONY**	**21** 9AM NAMASTE 10-2PM OPEN STUDIO **2PM NEW TO YOGA**
22 10AM YIN	**23** 5:30PM HATHA 7PM GODDESS YOGA	**24** **9:53AM Gemini FM** 9:30AM HATHA 5:30PM HOT BIKRAM **7PM GEMINI FULL MOON CEREMONY**	**25** 10AM YIN-HATHA **5:30PM SACRED SYMMETRY** **7PM MYSTIC YOGA**	**26** **CLOSED** **Happy Thankful Day!**	**27** 10AM FLOW STATE 5:30PM STORYTIME YIN	**28** 9AM NAMASTE **10-2PM OPEN STUDIO**
29 10AM YIN	**30** 5:30PM HATHA 7PM GODDESS YOGA					