



MARCH 2025

“Divine Masculine”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 9:30AM YIN Yoga 11AM BOOK CLUB 3PM Soulfull Sunday	10 6PM KIDS YOGA 6PM Power Poses	11 9AM Hatha Yoga 5:30PM HOT YOGA	12 10AM Chair Yoga 6PM Asana Lila 7PM Restorative	13 9AM Hatha Yoga 6PM BROGA	14 10AM Fire Flow 5:30PM Virgo Full Moon & Lunar Eclipse Ceremony	15 10AM Namaste Yoga 11AM The Priestess Path
16 9:30AM YIN Yoga 11AM Team Mtg. Jeanine’s B-Day! 3PM Soulfull Sunday	17 6PM KIDS YOGA 6PM Power Poses	18 9AM Hatha Yoga 5:30PM HOT YOGA	19 10AM Chair Yoga 6PM Asana Lila 7PM Restorative	20 9AM Hatha Yoga 6PM COSMIC SHAMAN COURSE BEGINS!!! 6PM SPRING EQUINOX 108 Sun Salutations	21 10AM Fire Flow 5:30PM YIN Yoga	22 10AM Namaste Yoga 11AM The Priestess Path
23 9:30AM YIN Yoga 11AM Ayurvedic Mustard Bath & Chest Rub 3PM Soulfull Sunday	24 6PM KIDS YOGA 6PM Power Poses	25 9AM Hatha Yoga 5:30PM HOT YOGA	26 10AM Chair Yoga 6PM Asana Lila 7PM Restorative	27 9AM Hatha Yoga 6PM BROGA 6PM Cosmic Shaman Course	28 10AM Fire Flow 5:30PM Aries New Moon & Solar Eclipse Ceremony	29 10AM Namaste Yoga 11AM The Priestess Path
30 9:30AM YIN Yoga 11AM Manifestation Forest Bath 3PM Soulfull Sunday	31 6PM KIDS YOGA 6PM Power Poses 7PM Man Cave					

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