

THE YOGA MYSTIC

AUGUST 2026

"JOY"

www.theawakeningrealm.com

(574)226-6435

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30AM JUNGLE 10AM NAMASTE 11AM FARMERS MARKET YOGA
2 10AM YIN	3 5:30PM HATHA 7PM Harmonize Your Hormones	4 9AM HATHA 5:30PM EARTHKEEPER 7PM LAUGHTER YOGA	5 10AM YIN-HATHA 5:30PM CHAKRA YOGA 7PM YOGA NIDRA	6 5:30PM STARKEEPER 7PM Conscious Connections	7 10AM FLOW STATE 5:30PM STORYTIME YIN 7PM Yoni V-Steam	8 8:30AM JUNGLE 10AM NAMASTE 11AM 8/8 Lionsgate Portal Meditation ~FLASH SALE~
9 10AM YOGA @EAGLE LAKE	10 5:30PM HATHA 7PM FASCIA HEALTH	11 9AM HATHA 5:30PM EARTHKEEPER 7PM CHIT-CHAT YOGA	12 1:36PM Leo NMoon/SolarE 10AM YIN-HATHA 5:30PM CHAKRA YOGA 7PM SOLARCEREMONY	13 5:30PM STARKEEPER 7PM GROUNDING	14 10AM FLOW STATE 5:30PM STORYTIME YIN 9PM SOUNDBATH under the STARS	15 8:30AM JUNGLE 10AM NAMASTE 11AM FARMERS MARKET YOGA
16 10AM YOGA @KRIDER GARDEN	17 5:30PM HATHA 7PM RESTORATIVE	18 9AM HATHA 5:30PM EARTHKEEPER 7PM CHANT FOR JOY	19 10AM YIN-HATHA 5:30PM CHAKRA YOGA 7PM YOGA NIDRA	20 5:30PM STARKEEPER 7PM AURA CLEANSE	21 10AM FLOW STATE 5:30PM VIRGO SUN CEREMONY	22 8:30AM JUNGLE YOGA 10AM NAMASTE
23 10AM YIN 1PM Conscious Community Mtg.	24 5:30PM HATHA 7PM RESTORATIVE	25 9AM HATHA 5:30PM EARTHKEEPER 7PM DIVINE DANCE	26 10AM YIN-HATHA 5:30PM CHAKRA YOGA 7PM YOGA NIDRA	27 5:30PM STARKEEPER 7PM ENERGY CLEARING	28 10AM FLOW STATE 5:30PM LUNAR CEREMONY	29 8:30AM JUNGLE YOGA 10AM NAMASTE
30 10AM ROLL UP ROLL OUT	31 5:30PM HATHA 7PM GODDESS YOGA	31st – (Venus Retrograde Pre-Shadow Begins)				

YOGA TEACHER TRAINING ON SALE THIS MONTH (ONLY \$999!)